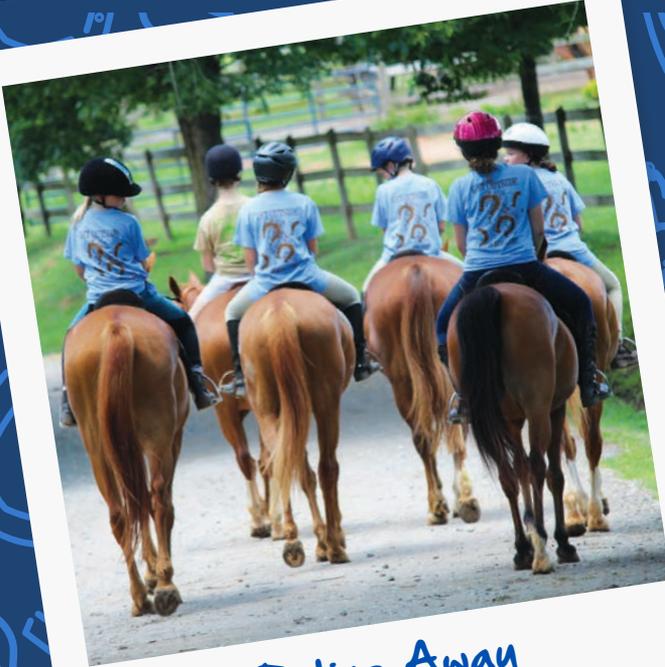




# PARENT HANDBOOK

Adventure Wilderness + Equestrian Residence Camps



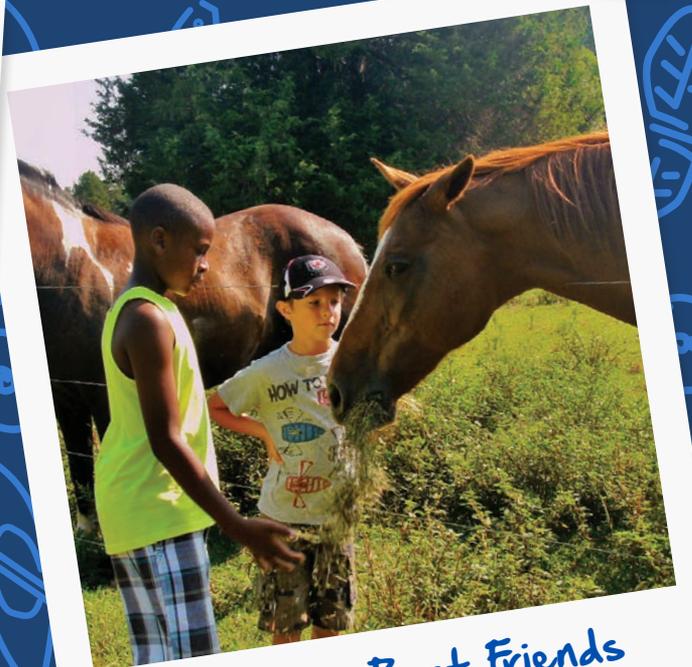
Riding Away



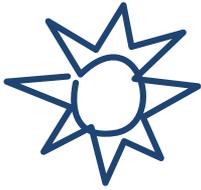
Mining New Experiences



Building Friendships



Becoming Best Friends



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# YOUR SUMMER ADVENTURE AWAITS!

Dear Parents,

We are so thrilled that you and your child will be joining us for the 2021 Adventure Wilderness or Equestrian Residence camp at Springmaid Mountain. We hope you are as excited as we are for another summer of adventure!

We want to make sure you and your child have the best summer possible with us and we know that starts long before the first day of camp. The parent handbook is designed to help get your family excited for camp and make sure you and your camper are totally prepared for camp. Please read this handbook closely as it contains all the information you will need for camp including policies, what to bring, contact info and general camp information.

Thank you for entrusting us to show your children the exciting world of nature and outdoor adventure.

See you this summer!

**The Summer Camps Team**

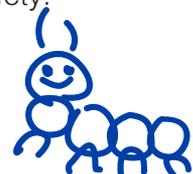


## MISSION

*Anne Springs Close Greenway connects people to nature through recreational and educational activities while fostering a passion for environmental conservation, animal habitat, and protection of natural resources.*

## OBJECTIVES

- Create a safe environment and teach campers how to make safe choices for themselves.
- Build a platform for lifelong friendships through shared experiences and interests.
- Encourage campers to employ skills such as leadership, creativity and adaptability.
- Teach campers resilience and a willingness to try new things.
- Let campers be their best, most unique self and learn to respect the uniqueness of others.
- Help campers develop a respect for nature and the outdoors.
- Teach campers strong equestrian skills including horse riding, care and safety.



# MEET THE CAMP LEADERSHIP TEAM

## Adventure Wilderness Camp



Natalie Senglaub

**Natalie Senglaub** | Camp Director

Natalie enters her third year with Greenway Summer Camps having served as the Program Coordinator of the Jr. Adventure Seekers Summer Camp before becoming Camp Director in 2020. Other previous experience includes teaching at the Greenway's nature-based preschool and working with the US National Park Service and US Fish and Wildlife Service. She is a member of the American Camp Association (ACA) and USA Archery. Natalie loves to hike and explore the outdoors, especially with her dog. And while it can be hard to narrow it down to her favorite animal, she absolutely loves llamas and skunks!



Sara Beth Cimowsky

**Sara Beth Cimowsky** | Adventure Wilderness Program Coordinator

Sara recently graduated from Winthrop University with a degree in Middle Level Education. She has numerous hours of experience working with students in the classroom at various schools in the local area. Sara Beth has been immersed in the outdoors through her work with Boy Scouts of America and spent the last several summers as a backcountry staff member at Philmont Scout Ranch. She enjoys being outdoors, especially camping and hiking. Sara Beth is looking forward to joining the team as a part of the Adventure Seekers program this summer!



Tanja Leduc

**Tanja Leduc** | Camp Admin

Tanja was a "tree hugger" before it was trendy. She is passionate about nature and helping others in her community. She loves being outdoors, hiking, working in her vegetable garden and playing with her cat and two dogs. She loves to travel and can't wait to be able to travel freely once again. Tanja is excited about joining the Adventure Seekers program for the summer.

# Equestrian Residence Camp



John Morris

**John Morris** | Equestrian and Livestock Manager

John Morris grew up right here on the Anne Springs Close Greenway and fell in love with horses at the Greenway Stables. He has been riding since childhood and has been the Equestrian and Livestock Manager and running camps at the Greenway since 2010. John is PATH certified and runs the Greenway's Exceptional Equestrian handicap riding program. He has trained horses in a variety of disciplines using primarily natural horsemanship methods. He has two personal horses, Curly and Pushy (who is the mother of many favorite Greenway ponies). John's favorite part of camp is watching the campers have fun and expand their horsemanship skills.



Paige Petersen

**Paige Petersen** | Equestrian Program Coordinator

Paige Petersen is the administrative coordinator and a horseback riding instructor at Anne Springs Close Greenway. She has 15 years of riding experience and has been an instructor at the Greenway since 2015. She enjoys teaching all skill levels and age groups. She has been a camp counselor for the past 5 summers and was the camp director last summer. Paige is looking forward to meeting and working with each and everyone one of you in a different role this summer!



Jessi Strickland

**Jessi Strickland** | Equestrian Resident Camp Coordinator

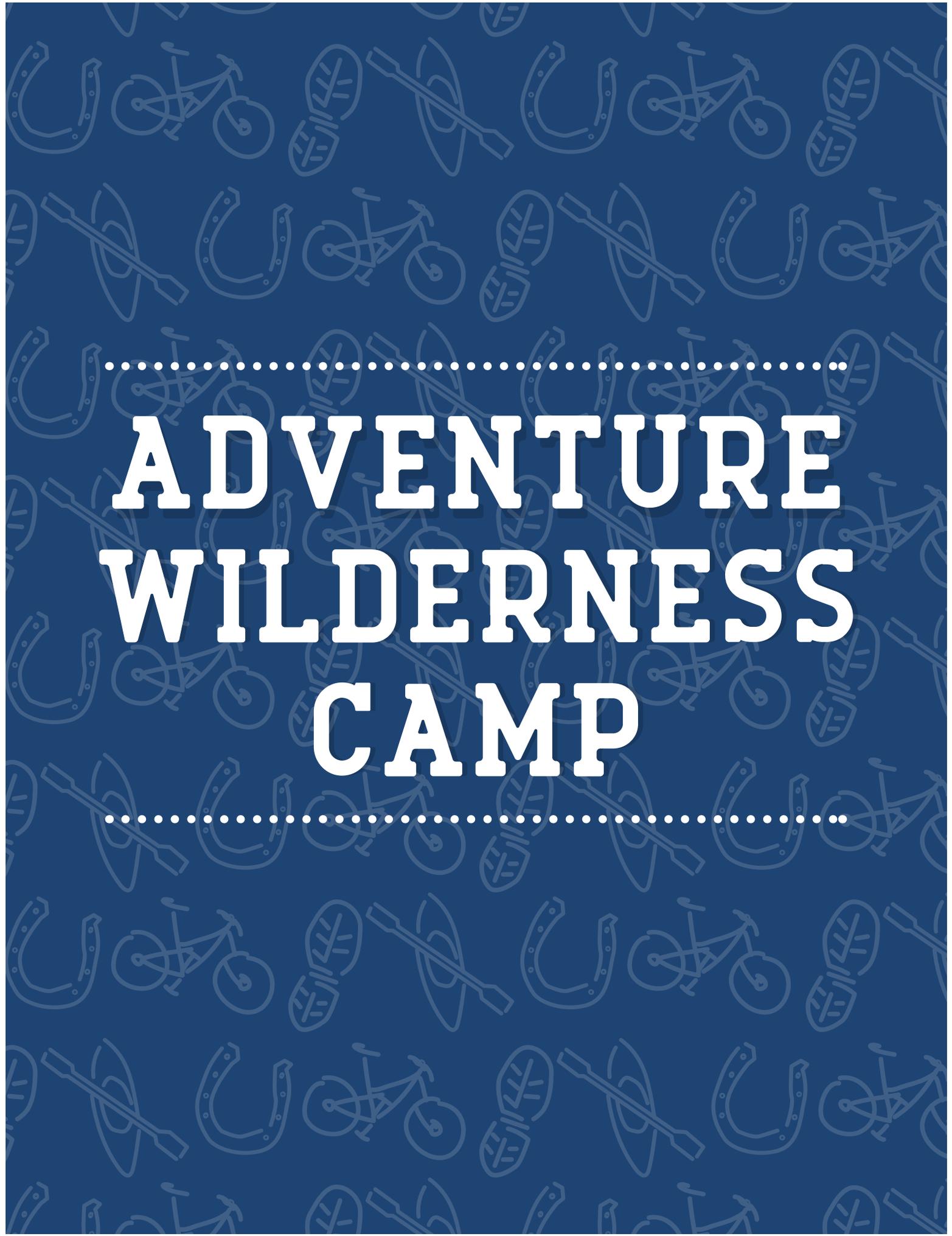
Jessi grew up riding horses at the horse barn at the Anne Springs Close Greenway before it was officially the Greenway. She attended summer camp at Springmaid Mountain during her adolescent and early teen years. Jessi's first jobs were working at the Greenway Stables and with the FLYERS afterschool program. When she is not working she enjoys camping with her family, cooking, and exploring her family's farm in Richburg, SC where she lives with her husband, 3 children, and many farm animals.



Kylie Costanzo

**Kylie Costanzo** | Camp Lead

Kylie is a horseback riding instructor at Anne Springs Close Greenway. She has 15 years of riding experience, and has been teaching for three years. She teaches all skill levels and age groups. She is an English rider and previously competed in IEA shows before becoming an instructor. She loves teaching students whatever they're looking to learn and watch them grow in their riding and finding their passion.

The background of the entire page is a dark blue color with a repeating pattern of white line-art icons. The icons include a bicycle, a horseshoe, a leaf, and a spear. The text is centered and framed by two horizontal dotted lines.

**ADVENTURE  
WILDERNESS  
CAMP**

# WHAT TO BRING TO ADVENTURE WILDERNESS CAMP



**We will provide home-cooked meals for your camper each day.**



Sleeping bag & pillow (for primitive camping night)



Set of twin sheets & blankets/comforter



Personal/box fan with extension cord



Towels & wash cloths



Towels for swimming



Bathing suit



Personal toiletries



Light jacket/sweatshirt



Rain gear



Reusable water bottle



Backpack for hiking



Closed-toe shoes/tennis shoes/boots



Closed-toe water shoes for tubing & stream stomping



Flip flops/slides for showers



Summer attire & several extra pairs of socks



Long pants for horseback riding



Flashlight



Sunscreen/bug repellent



Laundry bag for dirty clothes



Peanut-free snacks



“Dressy” clothes & shoes for Friday night dance



Any necessary medications\*

*\*Emergency medications such as Epi Pens and inhalers should be in a clear, sealed bag labeled with your child's name, age, instructions for use, and if medication should remain at camp entire week or returned to camper at check-out daily. All medications should be given to staff at sign-in and any instructions explained.*

**Please label all of your child's belongings with their name and phone number. We are not responsible for lost, stolen, or damaged property.**

## OTHER SUGGESTED ITEMS TO BRING TO CAMP



ENO or other tree hammock for the campout



Camera



Notebook for journaling

## WHAT NOT TO BRING TO CAMP



Any electronics (including cell phones, smartwatches, and gaming electronics)



No weapons, including pocket knives



Alcohol is prohibited at the camp facility



Animals other than service animals



Money

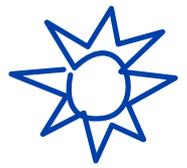


Trading Cards



Valuables

# DAY IN THE LIFE OF AN ADVENTURE WILDERNESS CAMPER



Below is what a typical day for Adventure Wilderness Camp. Please be aware this is a sample schedule and your child's experience may vary week to week.



7:30A // **RISE AND SHINE**



8:15A-8:45A // **BREAKFAST**: All campers eat together at the Bunkhouse.



9:00A // **OPENING CEREMONY**: Every day starts with an opening ceremony to get everyone excited for the new camp day ahead!



9:30A-12:00P // **MORNING MAIN ACTIVITY**: Campers will enjoy one of the following activities that are planned throughout the week: fishing, hiking, camping, survival skills and kayaking.



12:00P-12:45P // **LUNCH**: Back to the Bunkhouse for lunch.



12:45P-2:00P // **REST PERIOD**: Some much needed quiet time for rest and rejuvenation. Campers can either take a nap or engage in quiet activities like reading.



2:00P-5:30p // **ACTIVITY BLOCKS**: Campers will enjoy activities such as tubing down the river, archery, crafts, gaga ball, kick ball, creek stomping, hiking, and more with a break for snacks.



5:30P-6:00P // **EVENING PREP**: Back to bunks to change for evening activity. Head to Bunkhouse for dinner.



6:00P-7:30P // **DINNER & FREE TIME**: All campers eat together at the Bunkhouse.



7:30P-9:00P // **EVENING ACTIVITY**: Campers will enjoy an evening activity that may include campfire snack, swimming, night hike, movie night and more!



9:00P - 10:00p // **QUIET TIME & SHOWERS**: Everyone back to the bunks for bedtime routines.



10:00P // **LIGHTS OUT**: So we can start all over again in the morning!

**DON'T FORGET**: campers will take a field trip to Grandfather Mountain during their time at camp and also camp out one night at our primitive campsite by the river.

# ADVENTURE WILDERNESS CAMP CHECK IN/CHECK OUT

## CHECK IN (3:30p-4:30p)

If using GPS to assist with directions, please use the Spruce Pine Walmart (2514 Halltown Rd.) as a reference point. Once at the Walmart, turn onto Halltown Road and follow until it ends at Altapass Highway. Turn right onto Altapass Highway and then turn left onto Humpback Mountain Road, just past the Parkway Volunteer Fire & Rescue Station. Stay straight onto Henredon Road. After passing the Krantz Industrial Park, the pavement will end. Continue on the gravel road. Springmaid Mountain Resort will be straight ahead. Look for signs pointing the way to Springmaid Mountain. If you need additional assistance, please call 828.765.2353.

## CHECK OUT (9a-10a)

Upon your arrival, please pull into the Bunkhouse parking lot and wait to be greeted by a staff member. Staff will confirm your PIN and direct you to a parking location. Please wait at the designated parking location - a staff member will bring your camper over and help load your camper's belongings into your vehicle. Medication provided at the beginning of camp can be picked up at the Pavilion once your child's belongings have been loaded into your vehicle. All medication must be signed out with the Camp Nurse.

If your child is attending multiple weeks of camp, you must check out your child on Saturday morning and return for drop-off on Sunday afternoon. Campers belongings cannot be stored in the Bunkhouse from Saturday to Sunday.





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# EQUESTRIAN RESIDENCE CAMP

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# WHAT TO BRING TO EQUESTRIAN RESIDENCE CAMP



**We will provide home-cooked meals for your camper each day.**



Sleeping bag & pillow (for primitive camping night)



Set of twin sheets & blankets/comforter



Personal/box fan with extension cord



Towels & wash cloths



Towels for swimming



Bathing suit



Personal toiletries



Light jacket/sweatshirt



Rain gear



Reusable water bottle



Backpack for hiking



Closed-toe shoes/tennis shoes/boots



Water shoes for tubing



Flip flops/slides for showers



Summer attire & several extra pairs of socks



Long pants for horseback riding



Flashlight



Sunscreen/bug repellent



Laundry bag for dirty clothes



Peanut-free snacks



"Dressy" clothes & shoes for Friday night dance



Any necessary medications\*

*\*Emergency medications such as Epi Pens and inhalers should be in a clear, sealed bag labeled with your child's name, age, instructions for use, and if medication should remain at camp entire week or returned to camper at check-out daily. All medications should be given to staff at sign-in and any instructions explained.*

**Please label all of your child's belongings with their name and phone number. We are not responsible for lost, stolen, or damaged property.**

## OTHER SUGGESTED ITEMS TO BRING TO CAMP



ENO or other tree hammock for the campout



Camera

## WHAT NOT TO BRING TO CAMP



Any electronics (including cell phones, smartwatches, and gaming electronics)



No weapons, including pocket knives



Alcohol is prohibited at the camp facility



Animals other than service animals



Money

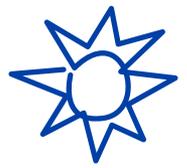


Trading Cards



Valuables

# DAY IN THE LIFE OF AN EQUESTRIAN RESIDENCE CAMPER



Below is what a typical day may look like for both resident equestrian and wilderness boys camp. Please be aware this is a sample schedule and your child's experience may vary week to week.



7:15A // **RISE AND SHINE**



8:00A // **START THE DAY:** Campers go to the barn to feed your horse.



8:30A-9:00A // **BREAKFAST:** Meet at the Bunkhouse.



9:10A-11:30A // **MORNING MAIN ACTIVITY:** Campers will groom, tack, and ride their horse. Activities are based on skill level.



11:30A-12:45p // **LUNCH & ACTIVITY SIGN UP:** Back to the Bunkhouse for lunch and afternoon activity sign up.



12:45P-2:00P // **REST PERIOD:** Some much needed quiet time for rest and rejuvenation. Campers can either take a nap or engage in quiet activities like reading.



2:00P-3:10p // **ACTIVITY BLOCK 1:** Campers will enjoy activities such as tubing down the river, archery, crafts, gaga ball, kick ball, creek stomping, hiking, and more!



3:10P-3:20P // **SNACK**



3:20P-4:30P // **ACTIVITY BLOCK 2:** Campers will enjoy activities such as, tubing down the river, archery, crafts, gaga ball, kick ball, creek stomping, hiking, and more!



4:30P-5:20P // **EVENING PREP:** Back to bunks to change for horseback riding. Report to the barn to feed horses.



5:30P-6:00P // **DINNER:** Meet at the Bunkhouse.



6:00P-7:45P // **EVENING ACTIVITY 1:** Back to the barn to ride.



8:00P-9:10P // **EVENING ACTIVITY 2:** Camper enjoy a late night snack over the campfire and a fun group game - Capture the Flag seems to be a camp favorite!



9:15P // **BACK TO BUNKS:** Everyone back to bunks for bedtime routines.



10:15P // **LIGHTS OUT:** So we can start all over again in the morning!

# EQUESTRIAN RESIDENCE CAMP CHECK IN/CHECK OUT

## CHECK IN (3:30p-4:30p)

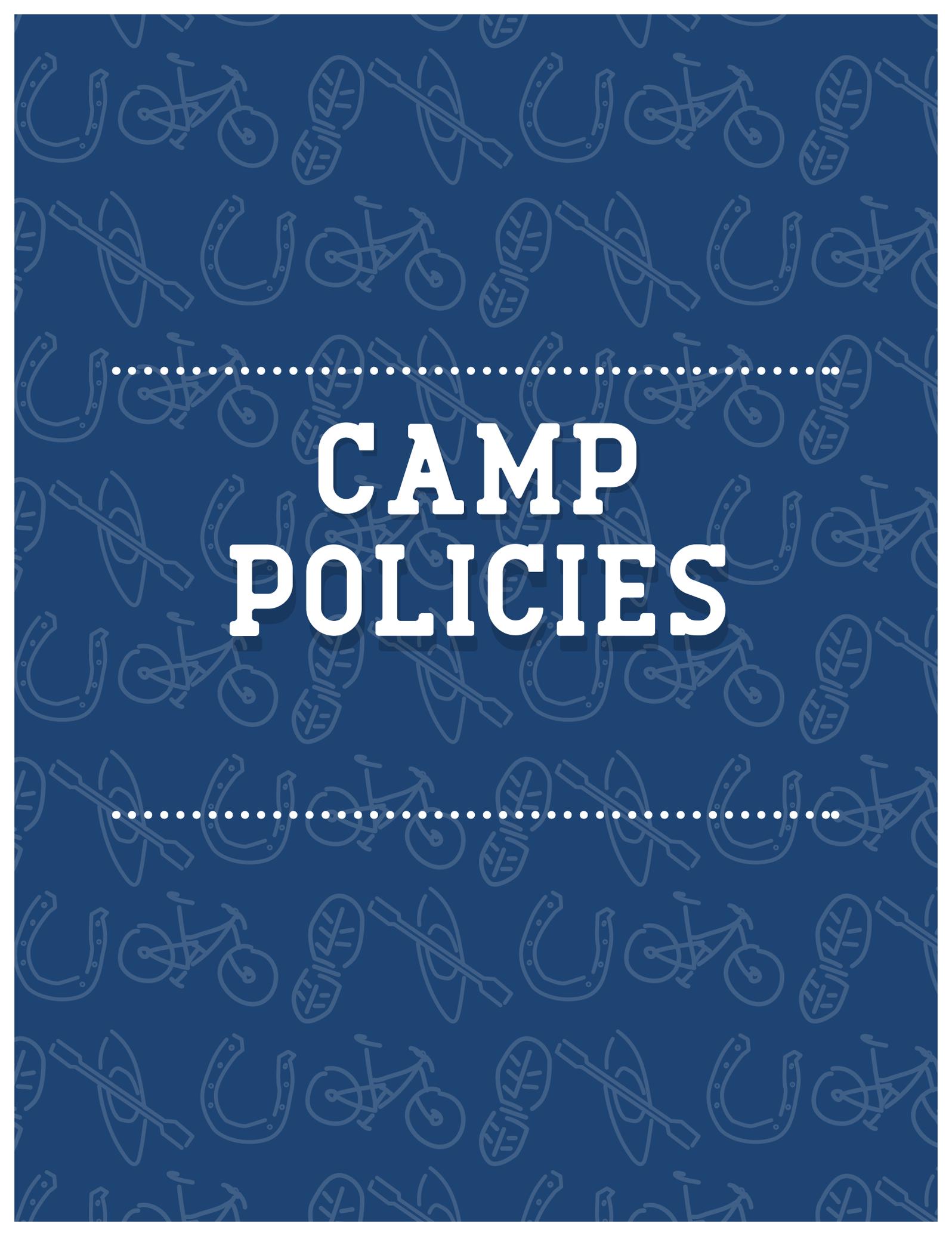
There will be a brief parent meeting at 4:30p in the Pavilion. If using GPS to assist with directions, please use the Spruce Pine Walmart (2514 Halltown Rd.) vs. the actual directions to Springmaid Mountain. Once at the Walmart, turn right at Burger King (stop light) and follow Halltown Rd. until it dead ends and then turn right. Follow the signs to Springmaid Mountain. If you need additional assistance, please call 828.765.2353.

## CHECK OUT (Saturday after Horse Show)

We invite you to join us for our Saturday Horse Show at the end of each week of camp at 10a. Check out for both camps will be immediately following the horse show. At the end of the show, please pull into the Bunkhouse parking lot and wait to be greeted by a staff member. Staff will confirm your PIN and direct you to a parking location. Please wait at the designated parking location - a staff member will bring your camper over and help load your camper's belongings into your vehicle. Medication provided at the beginning of camp can be picked up at the Pavilion once your child's belongings have been loaded into your vehicle. All medication must be signed out with the Camp Nurse.

If your child is attending multiple weeks of camp, you must check out your child on Saturday morning and return for drop-off on Sunday afternoon. Campers belongings cannot be stored in the Bunkhouse from Saturday to Sunday.

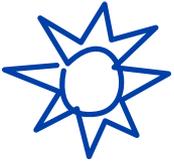




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# CAMP POLICIES

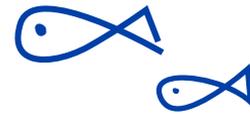
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# COVID-19 PROTOCOL

- Due to the residential nature of Adventure Wilderness and Equestrian Residence camps and the shared spaces of common and dining rooms as well as bunkmates sharing bunkrooms, campers will be spending a lot of close time together. In order to stay on top of any illnesses at camp, including COVID-19, we will be taking daily temperature checks at breakfast and dinner. Campers will also be monitored for any symptoms of illness throughout the week.
- To help us provide a healthy environment we are asking all parents to quarantine their children to the best of their ability the week prior to camp and to wear masks when campers are exposed to other people. Along with this we also ask that parents temperature check their child daily to make sure they are fever free the week prior to camp.
- As a reminder, by bringing your child to camp you are agreeing that, to the best of your knowledge, your child has not had COVID-19, been exposed to anyone with COVID-19, nor had any symptoms in the last 10 days.

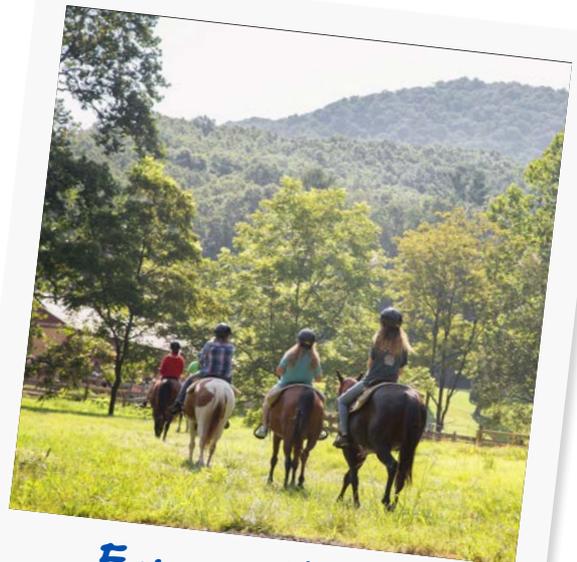
## HOMESICKNESS



Residence camp is a great opportunity for campers to develop and build their independence and personal management skills. Campers will be responsible for maintaining the cleanliness of their bunk and room, as well as assisting in cleaning up after each meal. With this change in scenery and routine though, it is possible that campers may become homesick. Our staff is trained in working with campers to redirect feelings of homesickness.



Making Memories



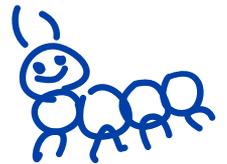
Enjoying Nature



# PERSONAL PROPERTY POLICIES

- All items brought are the responsibility of the camper. Items lost, stolen, or damaged during the course of the camp day will not be replaced by the camp program. Please send your child in clothing that can get dirty throughout the camp day. Expensive backpacks, new “school” clothes, and designer wear are not recommended for daily use at this program.
- The camp provides all necessary outdoor recreation equipment during the camp day. All personal items are the responsibility of the camper.
- Only Anne Springs Close Greenway vehicles and chartered vehicles are allowed to transport campers during the time of the field trip.

## ELECTRONICS POLICY



The Anne Springs Close Greenway summer camps aim to give each participant the best experience possible connecting with nature and each other. We hope to have your child(ren) interacting with peers, learning new things and engaging with activities offered. To allow that to happen we have a strict no technology policy for our participants.

### **CELL PHONES**

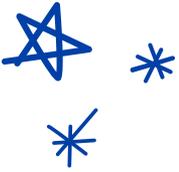
Should your child bring a cell phone to residential camp at Springmaid Mountain, they will be asked to turn it into the Program Coordinator/Camp Director for secure keeping during camp. Each camp will have a phone number that can always be called to check in on your camper or for emergency purposes.

### **SMART WATCHES**

Watches that have any phone capabilities should have the phone capabilities turned off during the program day. If a watch is going to be used as a phone, it will also have to be turned into the Program Coordinator/Camp Director in compliance with our electronics policy.

### **TABLETS/IPADS/LAPTOPS**

Tablets, iPads and laptops are items that will not be used during camp. While at camp, we want to “unplug”, so these items should be kept at home. In case your child brings one of these items to camp, they will be asked to turn it into the Program Coordinator/Camp Director in compliance with our electronics policy.



# INJURY POLICIES AND PROCEDURES

Safety is one of utmost importance to us and we do our best to keep all children safe and injuries to a minimum. Being an outdoor adventure camp some minor injuries are bound to occur. Minor scrapes, cuts, bug bites, or other small wounds will be cleaned with soap and water and covered with a bandage. Ice packs are also available for bumps, bruises, or insect stings. When these minor injuries occur you may receive an email or be notified via phone.

Injuries that are more severe, or that could require a trip to doctor, will be communicated to you by phone soon after the injury occurs. Life threatening injuries or medical emergencies will be called in to 911 immediately and you will be notified as quickly as possible.

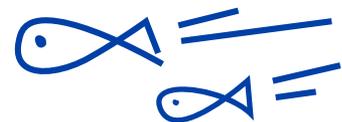
We are not allowed to transport campers in any private vehicles. In the event of a major medical emergency, we will utilize local emergency medical transportation. If a child incurs a non-life threatening injury while away from the Bunkhouse, we will determine the best way to bring the child back to the building. This may include the use of a Greenway vehicle such as a van, truck, or ATV. Since these vehicles are not housed at the Bunkhouse, there may be a delay in getting your child back to the building. Please understand that staff are attending to their needs on the trail and we are working to transport them back to the building as quickly as possible.

## EZ CHILD TRACK

In an effort to create a seamless registration, health forms and payment platform we have partnered with EZ Child Track to manage all childcare registrations, including summer camp. When you register your child for camp you will fill out all healthcare profile information there. Please be sure to be as thorough as possible as all information requested is vital to providing the best care possible and is required by our American Camp Association accreditation. If you have skipped any section (i.e. the date of your child's last tetanus shot) please go back and fill this in prior to the start of camp. Your child will not be able to attend camp if any mandatory information is missing.

All billing will be managed through EZ Child Track. Full camp payment is due the Monday prior to your child's registered week of camp. You will receive a reminder from EZ Child Track when this is due. Should you need to pull a receipt, invoice, or tax record you can do so from your EZ Child Track Parent Portal under the 'Payments and Statements' section.

We will be communicating with you through EZ Child Track on occasion so please be sure to mark them as a 'safe sender' so no emails get directed to your junk mail.





# SETTING UP YOUR PARENT PIN

As part of the EZChildTrack system, Adventure Seekers will now be using an electronic check out process which requires you to have a pin to check out your child. **Please log in to your Parent Portal on EZChildTrack before school begins, click on “My Account” and input a pin for each authorized pick up person on your account.** Having a separate pin for each person will allow us to be able to have record of who checked your child out. Please see screen shots below to help you with that process.

## STEP 1 SELECT MY ACCOUNT

Welcome Melissa *September 11, 2018*

Home My Account Contact Us Help Sign out

School Year 2018-19 registrations are now open! Click on the Register button below to continue.

## STEP 2 SELECT CHANGE PIN

Elizabeth Alison (P1-A01279)

Change PIN Change Child Medical Information Add Contacts Change Password Close

Account Information

Alison, Elizabeth Change

Primary Account Holder

1051 Ingham Road Houston, TX 54654

999-998-9549 (H)  
323-232-3232 (C)  
999-998-9060 (W)  
alison@EZchildtrack.com

Upload Photo

+ Add Secondary Account Holder

## STEP 3 CHANGE PIN FOR EACH AUTHORIZED PICK UP

Change Check-in /Check-out PIN

PIN Details

Tip: We suggest using last 4 or 6 digits of driver's license number or cell phone number to minimize duplicate PIN error.

Alison, Elizabeth

Alison, Vanessa

Bini, Vaij

Change PIN Cancel

# CAMPER-CAMP-PARENT COMMUNICATION

Should you need to reach your child during the day, for any reason, you are welcome to call the camp contact number.

Springmaid Mountain Resort: **828.765.2353**

Equestrian Resident Camp: **980.254.7572** or **803.547.2018**

Adventure Wilderness Camp: **803.547.1015**



## BEHAVIOR MANAGEMENT POLICY

In order to maximize safety and fun we have four central camp expectations, listed below, that we review with campers and expect them to follow. Please discuss these with your camper prior to camp. Greenway counselors receive positive discipline training as part of their camp training and will work with campers to understand the root of any behavior issues at camp and do their best to redirect any behavior that doesn't belong at camp. Campers who are unable to meet these expectations and who do not demonstrate appropriate behavior in the judgment of Greenway staff will be sent home from camp without a refund.

- 1. Act in a Safe Manner:** this may include staying with the group, using program supplies as instructed, and listening to their counselors' advice as they move throughout the camp day.
- 2. Commitment to Self and Others:** this involves being respectful and supportive of other camp participants as well as being the best "you" that you can be.
- 3. Positivity:** a positive attitude can make any activity better. We ask that campers please keep an open mind to all experiences and encourage others to do the same.
- 4. Follow Directions:** not only does this allow us to stay safe, it also helps maximize our fun!





# CONTACT US

We are looking forward to an exciting summer with your child! Whether they come for a week, or the summer, adventures will be waiting around every corner! If at any point you have concerns or questions, please feel free to reach out by calling or emailing.

## FOR CAMP EXPERIENCE QUESTIONS

### Adventure Wilderness Camp

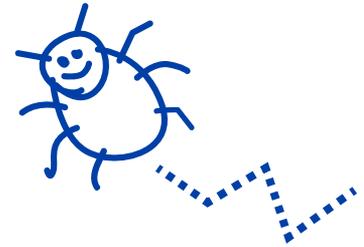
803-547-1015 | [NattieSenglaub@ascgreenway.org](mailto:NattieSenglaub@ascgreenway.org)

### Equestrian Resident Camp

980.254.7572 or 803.547.2018 | [EquestrianCamps@ascgreenway.org](mailto:EquestrianCamps@ascgreenway.org)

### Springmaid Mountain Resort

828.765.2353 | [Info@springmaidmountain.com](mailto:Info@springmaidmountain.com)



## FOR CAMP REGISTRATION, MEMBERSHIP STATUS, OR FINANCIAL AID QUESTIONS

803.547.4575 | [info@ascgreenway.org](mailto:info@ascgreenway.org)

Camp cancellation and transfer policy can be found here in our summer camp guide. Financial assistance is available for camps and mirrors the eligibility schedule outlined by the USDA Food and Nutrition service in determining eligibility for free and reduced meals. Please contact Member Services for more information.



Creating Explorers



Developing New Skills

# DIRECTIONS TO SPRINGMAID MOUNTAIN

## 2171 HENREDON ROAD, SPRUCE PINE NC 28777

Tucked back a quiet mountain valley road just minutes from the Blue Ridge Parkway, Springmaid Mountain is located on over 400 acres along the North Toe River.

If using GPS to assist with directions, please use the Spruce Pine Walmart (2514 Halltown Rd.) as a reference point. Once at the Walmart, turn onto Halltown Road and follow until it ends at Altapass Highway. Turn right onto Altapass Highway and then turn left onto Humpback Mountain Road, just past the Parkway Volunteer Fire & Rescue Station. Stay straight onto Henredon Road. After passing the Krantz Industrial Park, the pavement will end. Continue on the gravel road. Springmaid Mountain Resort will be straight ahead. Look for signs pointing the way to Springmaid Mountain. If you need additional assistance, please call 828.765.2353.





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