



Short Track Mountain Bike Racing Category Guide

Expert Men	Just as stated...Experts. This category races for approximately 1 hour.
Expert 40+	Expert Men 40 years of age and older.
Sport Men	Sport Men will be broken into two age groups. This category is designed for those who have raced in the beginner category or who for those with a little bit of racing experience but are not quite ready to race with the super sport or expert men. Race time approximately 1 hour.
Beginner Men	Beginner Men will also be broken into two age groups. This category is designed for the true beginner race participant. If you have raced the past two seasons, you are not a beginner. This category is strictly designed for the entry level mountain bike racer. Race time approximately 30 minutes.
Single Speed	Just as stated, for those of you breaking out the single speed bike. Who's going to nail the right gearing?
Expert Women	Just as stated...Expert Women. This category is designed for our most experienced and fastest ladies. This category races for approximately 40 minutes.
Sport Women	Sport Women is designed for those who have raced in the beginner category or who for those with racing experience but are not quite ready to race with Expert Women. Race time approximately 40 minutes.
Beginner Women	This category is designed for the true beginner women mountain bike enthusiast. Race time approximately 30 minutes.
Clydesdale	Clydesdale category is designed for participants 200 lbs. or greater, NOT including the bike.
Juniors	Juniors are broken down into three age groups. If Juniors race sport or expert in USAC sanctioned races, it is recommended they race sport or expert in this race series as well.