

## Mountain Biking Camp: Basic

Rising 4th-Rising 10th Grades

*Campers must be 9 years old before the first day of camp.*

Join us for three days of instruction in technical trail riding, slow handling skills, and proper positioning. During this time, campers will improve these skills, gain assurance on their bike and enjoy the adrenaline rush of riding trails with confidence. On Thursday, we will put our newly learned skills to the test and set out on a longer ride. We will return to the field and enjoy a relaxing and fun afternoon before a "skills showcase" at 4pm for parents.

Your child must already know how to ride a bike. Each camper must provide their own mountain bike that is a 24" wheel size or larger. Instructors: Patty Smith and Doug Satterwhite.

### When and Where

Tuesday and Wednesday, 9:00am to 1:00pm  
Thursday, 9:00am to 5:00pm  
at the Stumpy Pond Field, 195 Adventure Road

**Cost:** \$265; \$100 non-refundable deposit due at registration. *Greenway Family Membership holders receive 10% off balance of camp.*

**Week Two:** June 3-5

**Week Three:** June 10-12

**Week Eight:** July 15-17

**Week Ten:** July 29-31

SCHEDULE

## Mountain Biking Camp: Advanced

Rising 6th-Rising 12th Grades

This three-day camp will really pack in the miles of the wonderful trails at the Greenway. We will review and perfect the tough spots. We will teach derailleur adjustments as well as pass on some racing secrets. On Thursday, we will have a "skills showcase" at 4pm for parents.

To attend this camp you must currently race mountain bikes, have attended advanced camp before, or have attended regular mountain bike camp and been recommended by Patty or Doug to attend advanced camp.

### When and Where

Tuesday and Wednesday, 9:00am to 1:00pm  
Thursday, 9:00am to 5:00pm  
at the Stumpy Pond Field, 195 Adventure Road

**Cost:** \$265; \$100 non-refundable deposit due at registration. *Greenway Family Membership holders receive 10% off balance of camp.*

**Week Seven:**

July 8-10

SCHEDULE

